

*Don't worry about anything. Pray about everything. Philippians 4:6*

**Think about something that worries you. Pray about it.**

Conclude: "God, may my anxiety be overcome  
by your power to bring peace."

*Is anyone among you sick? James 5:14*

**Think of someone you know who has cancer. Pray for them.**

Conclude: "Bring wholeness and healing  
to this person in Jesus name."

*The son of Man came to seek and save those who are lost. Luke 19:10*

**Think of someone who does not believe in God. Pray for them.**

Conclude: "May *this person* no longer hide but instead  
may they be found by you, Jesus."

*Our Father in heaven, may your name be kept holy. Matthew 6:9*

**Spend a few minutes thinking about God.**

Conclude: "Help me to love you with all my heart, soul,  
mind, and strength."

*May your kingdom come soon. Matthew 6:10*

**Pray that Pleasant Retreat UMC is faithful to God's call.**

Conclude: "May your will be done in our church and in myself  
as it is in heaven."

*I will magnify God with thanksgiving. Psalm 69:30*

**God has blessed you in some way today. What is that way?**

**Give thanks for that blessing in prayer.**

Conclude: "Thank you for this blessing which I have received.  
Let it be fruitful for your kingdom here on earth."

*Give us today the food we need. Matthew 6:11*

**There is some way that you are in need of blessing today.**

**What is that way? Ask God for it in prayer.**

Conclude: "For this need I pray, knowing you are faithful to provide."

*Forgive us our sins. Matthew 6:12*

**What sin do you need to confess to God right now?**

**Pray for forgiveness.**

Conclude: "Make me whole, so that your love  
might be known fully through me."

*Forgive our sins, as we forgive others. Matthew 6:12*

**Who has wronged you this week? Forgive them in prayer.**

Conclude: "Let my life reflect yours."

*Rescue us from evil. Matthew 6:13*

**Where are you helpless to help yourself? Pray for rescue.**

Conclude: "May your power be perfected in my weakness."